

# 2010 Gasparilla Classic St. Petersburg, Florida Men's Competition Schedule

**Saturday, February 27, 2010**

<b>Session SA1</b> <i>USA Gymnastics Level 6</i>		<b>Session SA2</b> <i>USA Gymnastics Level 5</i>	
<i>Apollo, Atlantic Coast, Bob Sierra YMCA, Cats of Jupiter, East Coast, Elite Energy, First Coast, Gymnastics Energy, Gymnastics Revolution, Harbor City, LaFleur's, Naples, Olympia, Orlando Metro, Starbound, Stick It, Stumpf's, TAG USA, TNT, Twisters, Universal</i>		<i>Apollo, Armory, Elite Energy, Fit Club, Harbor City, LaFleur's, Legacy, Nova, Orlando Metro, Stick It, Twisters</i>	
General Stretch	8:00 AM	General Stretch	11:20 AM
Timed Warm-ups	8:20 AM	Timed Warm-ups	11:40 AM
March-In	9:20 AM	March-In	12:40 PM
Competition	9:25 AM	Competition	12:45 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

<b>Session SA3</b> <i>USA Gymnastics Level 5 &amp; 7</i>		<b>Session SA4 - Capitol Cup</b> <i>USA Gymnastics Level 8, 9, 10 &amp; E</i>	
<u><b>Level 5 Teams</b></u> - <i>Bob Sierra YMCA, Cats of Jupiter, Daytona Beach, East Coast, Florida Flips, Gymnastics Energy, Gymnastics Revolution, International Gold, International Gymnastics, Naples Progressive, South Florida, Southern Starz, Starbound, TAG USA, TNT, Universal</i> <u><b>Level 7 Teams</b></u> - <i>Cats, Elite Energy, First Coast, LaFleur's, Orlando Metro, Stick It, TAG USA</i>		<i>Apollo, Armory, Atlantic Coast, East Coast, First Coast, Florida Flips, Gymnastics World Ohio, Gymnastics Revolution, LaFleur's, Legacy, Olympia, Olympic Academy, Orlando Metro, South Florida Starbound, Stick It, Stumpf's, Universal</i>	
General Stretch	2:30 PM	General Stretch	5:30 PM
Timed Warm-ups	2:50 PM	Timed Warm-ups	6:00 PM
March-In	3:40 PM	March-In	6:15 PM
Competition	3:45 PM	Competition	6:20 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

**Sunday, February 28, 2010**

<b>Session SU1</b> <i>USA Gymnastics Level 4</i>		<b>Session SU2</b> <i>USA Gymnastics Level 4</i>	
<i>Apollo, Armory, East Coast, Elite Energy, First Coast, Gymnastics Energy, Gymnastics Revolution, Harbor City, International Gymnastics, Legacy, Nassau, Orlando Metro, Southern Starz, Starbound, TNT, Twisters</i>		<i>Bob Sierra YMCA, Cats of Jupiter, Daytona Beach, Fit Club, Florida Flips, International Gold, LaFleur's, Park Avenue, South Florida, TAG USA, Universal</i>	
General Stretch	8:00 AM	General Stretch	10:35 AM
Timed Warm-ups	8:20 AM	Timed Warm-ups	10:55 AM
March-In	9:15 AM	March-In	11:50 AM
Competition	9:20 AM	Competition	11:55 AM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

<b>Session SU3</b> <i>ALL AAU Athletes</i>	
<i>Apollo, Brandon YMCA, Florida Flips, Golden City, Motions Unlimited, Naples Progressive, Southern Starz, Stars &amp; Stripes</i>	
General Stretch	1:15 PM
Timed Warm-ups	1:35 PM
March-In	2:10 PM
Competition	2:15 PM
Individual and Team Awards to follow.	