

**21<sup>st</sup> ANNUAL**  
**2017 GASPARILLA Fall Invitational**  
**Gym A Competition Schedule**  
**The Lakeland Center**  
**701 W. Lime St. Lakeland, FL 33815**

**Saturday, October 21, 2017**

**Gym A (Modified Capital Cup Format)**

**Session One**

USA Gym Level 4 (2/15/2008 - 1/1/2016)

8:30-8:50 General Stretch

8:50-9:00 Warm Up

9:00-11:30 Competition

Individual Awards to follow.

**Session Two**

USA Gym Level 4 (11/5/2006 - 2/14/2008)

11:30-11:50 General Stretch

11:50-12:00 Warm Up

12:00-2:30 Competition

Individual Awards to follow.

**Session Three**

USA Gym Level 4 (1/1/1998 - 11/4/2006)

2:30-2:50 General Stretch

2:50-3:00 Warm Up

3:00-5:30 Competition

Individual and Team Awards to follow.

**Session Four**

USA Gym Xcel ALL

5:30-5:50 General Stretch

5:50-6:00 Warm Ups

6:00-8:30 Competition

Individual and Team Awards to follow.

**Sunday, October 22, 2017**

**Gym A (Modified Capital Cup Format)**

**Session Five**

USA Gym Level 1 (7/9/2010 - 1/1/2016)

8:00-8:20 General Stretch

8:20-8:30 Warm Ups

8:30-10:00 Competition

Individual Awards to follow

**Session Six**

USA Gym Level 1 (1/1/1998 - 7/8/2010)

10:00-10:20 General Stretch

10:20-10:30 Warm Ups

10:30-12:00 Competition

Individual and Team Awards to follow.

**Session Seven**

USA Gym Level 2 (8/5/2009 - 1/1/2015)

12:00-12:20 General Stretch

12:20-12:30 Warm Ups

12:30-2:30 Competition

Individual Awards to follow.

**Session Eight**

USA Gym Level 2 (1/1/1998 - 8/4/2009)

2:30 - 2:50 General Stretch

2:50 - 3:00 Warm Ups

3:00 - 5:00 Competition

Individual and Team Awards to follow.

**Daily Door Fees (cash only)**

Adults \$15.00

Children (5-12) \$5.00

**21<sup>st</sup> ANNUAL**  
**2017 GASPARILLA Fall Invitational**  
**Gym B Competition Schedule**  
**The Lakeland Center**  
**701 W. Lime St. Lakeland, FL 33815**

**Saturday, October 21, 2017**

**Gym B (Modified Capitol Cup)**

**Session One**

USA Gym Level 3 (8/26/2009 – 1/1/2016)

8:00-8:20 General Stretch

8:20-8:30 Warm Up

8:30-10:30 Competition

Individual Awards to follow.

**Session Two**

USA Gym Level 3 (12/13/2008 – 8/25/2009)

10:30-10:50 General Stretch

10:50-11:00 Warm Up

11:00-1:30 Competition

Individual Awards to follow.

**Session Three**

USA Gym Level 3 (3/9/2008 – 12/12/2008)

1:30-1:50 General Stretch

1:50-2:00 Warm Up

2:00-3:30 Competition

Individual Awards to follow.

**Session Four**

USA Gym Level 3 (3/10/2007 – 3/8/2008)

3:30-3:50 General Stretch

3:50-4:00 Warm Up

4:00-6:00 Competition

Individual Awards to follow.

**Session Five**

USA Gym Level 3 (1/1/1998 – 3/9/2007)

6:00-6:20 General Stretch

6:20-6:30 Warm Up

6:30-8:30 Competition

Individual and Team Awards to follow.

**Sunday, October 22, 2017**

**Gym B (Modified Capitol Cup)**

**Session Six**

USA Gym Level 5 ALL

8:00-8:20 General Stretch

8:20-8:30 Warm Ups

8:30-11:00 Competition

Individual and Team Awards to follow

**Session Seven**

AAU Level 1,4,5,Xcel (Modified Traditional Format)

11:00-11:20 General Stretch

11:20-11:30 Warm Ups

11:30-2:00 Competition

Individual Awards and Team Awards to follow.

**Session Eight**

AAU Level 2, 3 (Modified Traditional Format)

2:00-2:20 General Stretch

2:20-2:30 Warm Ups

2:30-4:30 Competition

Individual Awards and Team Awards to follow.

**Daily Door Fees (cash only)**

Adults \$15.00

Children (5-12) \$5.00