

25th Annual Aloha Invitational & NAWGJ Judges' Cup

at the

University of Tampa Bob Martinez Center, 312 North Boulevard, Tampa, FL 33606

Competition Schedule Saturday, September 8, 2018

Gym A

Modified Traditional Format

Session One (1A)

USA Gymnastics **Level 1** Gymnasts from the following teams:

*Gymnastics Etc. (10), *Orlando Metro (24), Sarasota Gymnastics Academy (12)*

**Team in 2 squads*

8:30-8:45 General Stretch
8:45-8:55 March In
8:55-9:05 Timed Warm Ups
9:35-11:00 Competition

Individual Awards and USA Gymnastics Level 1 Division 1 Team Awards to follow

Session Two (2A)

USA Gymnastics **Level 1** Gymnasts from the following teams:

Boundless(1), Brandy Johnson's(8), Central Florida Athletics (2), Harbor City (7), Tumblebees (4), United Flip Force (7)

USA Gymnastics **Level 2** Gymnasts from the following teams:

Boundless (4), Brandy Johnsons (4), Flight (5), Stars and Stripes (4), Tampa Gymnastics (2), TNT Gymnastics (3)

Teams with athletes in both Level 1 and Level 2 will be in the same squad together

11:00-11:15 General Stretch
11:15-11:25 March In
11:25-11:35 Timed Warm Ups
11:35-1:30 Competition

Individual and USA Gymnastics Level 1 Division 2 Team Awards to follow

Individual and USA Gymnastics Level 2 Division 3 Team Awards to follow

Session Three (3A)

USA Gymnastics **Level 2** Gymnasts from the following teams:

*FGTC (7), Gymnastics Etc (7), Premier (11) Sarasota Gymnastics Academy (11), *Stars (11) Tumblebees (8),*

United Flip Force (9)

**Teams in two squads*

1:30-1:45 General Stretch
1:45-1:55 March In
1:55-2:10 Timed Warm Ups
2:10-4:30 Competition

Individual and USA Gymnastics Level 2 Division 2 Team Awards to Follow

Session Four (4A)

USA Gymnastics **Level 2** Gymnasts from the following teams

Ace Daytona (14), Harbor City (15), Lakewood Ranch (17), Orlando Metro (15)

4:30-4:45 General Stretch
4:45-4:55 March In
4:55-5:10 Timed Warm Ups
5:10-7:30 Competition

Individual and USA Gymnastics Level 2 Division 1 Team Awards to Follow

Door Fees – Cash only Adults \$12 Children (5-17yrs) \$6 Children 4 and under Free
Free parking in garage just north of the gym

25th Annual Aloha Invitational & NAWGJ Judges' Cup

at the

University of Tampa Bob Martinez Center, 312 North Boulevard, Tampa, FL 33606

Competition Schedule Sunday, September 9, 2017

Gym A

Competition is Modified Capital Cup Format

Session One (5A)

USA Gymnastics **Level 4** Gymnasts from the following teams:

*Ace Daytona (4), *FGTC (8), Flight (2), Future Flipz (5), Jacksons (1), MGA (4), TNT (10), Tumblebees (9),
United Flip Force (3)*

USA Gymnastics **Level 5** Gymnast from the following teams:

*Ace Daytona (2), Brandy Johnson's (6), *FCTC (8), Flight (2), Future Flipz (3), Gymnastics Etc. (1), Jackson's (1),
MGA (1), Stars (6), United Flip Force (4)*

Teams with athletes in Level 4 and Level 5 will be in same squad except FGTC in two squads

8:00-8:15 General Stretch
8:15-8:25 March In
8:25-8:35 Timed Warm Ups
8:35-11:15 Competition

Individual and USA Gymnastics Level 4 and Level 5 Team Awards to follow

Session Two (6A)

USA Gymnastics **Level 4** Gymnasts from the following teams:

*Boundless (4), *Brandy Johnson's (17), Central Florida Athletics (2), Gymnastics World Naples (1), Harbor City (5),
*LaFleur's Largo (16), *Orlando Metro (16), Sarasota Gymnastics Academy (8), *Starlight (18)*

**Teams in two squads*

11:15-11:30 General Stretch
11:30-11:40 March In
11:40-11:50 Timed Warm Ups
11:50-2:30 Competition

Individual and USA Gymnastics Level 4 Team Awards to follow

Session Three (7A)

USA Gymnastics **Level 4** Gymnasts from the following Teams:

*Angels (9), Broadway (11), DGA Tampa (10), Gymnastics Etc. (9), Lakewood Ranch (12), Premier (11), *Stars (13),
Tampa Gymnastics (10)*

**Team in two squads*

2:30-2:45 General Stretch
2:45-2:55 March In
2:55-3:05 Timed Warm Ups
3:05-5:45 Competition

Individual and USA Gymnastics Level 4 Team Awards to follow

Door Fees – Cash only Adults \$12 Children (5-17yrs) \$6 Children 4 and under Free
Free parking in garage just north of the gym

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Competition Schedule Saturday, September 8, 2017

Gym B

Competition is Modified Traditional Format

Session One (1B)

USA Gymnastics **Level 3** Gymnasts from the following teams:

Ace Daytona (2), Broadway (7), Boundless (3), Central Florida Athletics (3), LaFleur's Largo (7), Orlando Metro (7), Starlight (5), Stars and Stripes (5), TNT (5)

8:00-8:15 General Stretch
8:15-8:25 March In
8:25-8:35 Timed Warm Ups
8:35-10:30 Competition

Individual Awards and USA Gymnastics Level 3 Division 5 Team Awards to follow

Session Two (2B)

USA Gymnastics **Level 3** Gymnasts from the following teams:

Broadway (12), LaFleur's Largo (12), Orlando Metro (11), Starlight (11)

10:30-10:45 General Stretch
10:45-10:55 March In
10:55-11:05 Timed Warm Ups
11:05-1:00 Competition

Individual and USA Gymnastics Level 3 Division 1 Team Awards to follow

Session Three (3B)

USA Gymnastics **Level 3** Gymnasts from the following teams:

DGA Tampa (14), Gymnastics Etc (14), Lakewood Ranch (13), Tumblebees (12)

1:00-1:15 General Stretch
1:15-1:25 March In
1:25-1:35 Timed Warm Ups
1:35-3:45 Competition

Individual and USA Gymnastics Level 3 Division 2 Team Awards to follow

Session Four (4B)

USA Gymnastics **Level 3** Gymnasts from the following teams

*Angels (8), FGTC (7), Flight (6), Harbor City (9), *Sarasota (8), *Tampa Gymnastics (9)*

**Team in two squads*

3:45-4:00 General Stretch
4:00-4:10 March In
4:10-4:25 Timed Warm Ups
4:25-6:15 Competition

Individual and USA Gymnastics Level 3 Division 4 Team Awards to follow

Door Fees – Cash only Adults \$12 Children (5-17yrs) \$6 Children 4 and under Free
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Session Five (5B)

USA Gymnastics Level 3 Gymnasts from the following teams

Brandy Johnson's (10), Future Flipz (9), Premier (9), Stars (10), United Flip Force (2)

6:15-6:30	General Stretch
6:30-6:40	March In
6:40-6:50	Timed Warm Ups
6:50-8:45	Competition

Individual and USA Gymnastics Level 3 Division 3 Team Awards to follow

Door Fees – Cash only Adults \$12 Children (5-17yrs) \$6 Children 4 and under Free
Free parking in garage just north of the gym