

22nd ANNUAL
2018 GASPARILLA Fall Invitational
Gym A Competition Schedule
The Lakeland Center (RP Funding Center)
701 W. Lime St. Lakeland, FL 33815

Saturday, October 20, 2018

Gym A (Modified Traditional Format)

Session One A1

USA Gym Level 1 (7/31/2011 - 1/1/2016)

8:30-8:50 General Stretch

8:50-9:00 Warm Up

9:00-10:30 Competition

Individual Awards to follow.

Session Two A2

USA Gym Level 1 (1/1/1999 - 7/30/2011)

10:30-10:50 General Stretch

10:50-11:00 Warm Up

11:00-12:30 Competition

Individual and Team Awards to follow.

Session Three A3

USA Gym Level 2 (12/4/2010 - 1/1/2018)

12:30-12:50 General Stretch

12:50-1:00 Warm Up

1:00-3:00 Competition

Individual Awards to follow.

Session Four A4

USA Gym Level 2 (7/2/2009-12/3/2010)

3:00-3:20 General Stretch

3:20- 3:30 Warm Ups

3:30-5:30 Competition

Individual Awards to follow.

Session Five A5

USA Gym Level 2 (1/1/1999- 7/1/2009)

5:30-5:50 General Stretch

5:50 - 6:00 Warm Ups

6:00-8:00 Competition

Individual and Team Awards to follow.

Sunday, October 21, 2018

Gym A (Modified Traditional Format)

Session Six A6

AAU Level 3 and AAU Xcel Silver

9:00-9:20 General Stretch

9:20-9:30 Warm Ups

9:30-11:30 Competition

Individual and Team Awards to follow

Session Seven A7

AAU Level 2

11:30-11:50 General Stretch

11:50-12:00 Warm Ups

12:00-2:00 Competition

Individual and Team Awards to follow.

Session Eight A8

AAU Levels 1,4,5,Xcel Gold

2:00-2:20 General Stretch

2:20-2:30 Warm Ups

2:30-4:45 Competition

Individual and Team Awards to follow.

Daily Door Fees (cash only)

Adults \$15.00

Children (5-17) \$10.00

22nd ANNUAL
2018 GASPARILLA Fall Invitational
Gym B Competition Schedule
The Lakeland Center (RP Funding Center)
701 W. Lime St. Lakeland, FL 33815

Saturday, October 20, 2018

Gym B (Modified Capitol Cup)

Session One B1

USA Gym Level 4 (1/21/2009 – 1/1/2016)

8:00-8:20 General Stretch

8:20-8:30 Warm Up

8:30-11:00 Competition

Individual Awards to follow.

Session Two B2

USA Gym Level 4 (11/6/2007 – 1/20/2009)

11:00-11:20 General Stretch

11:20-11:30 Warm Up

11:30-2:00 Competition

Individual Awards to follow.

Session Three B3

USA Gym Level 4 (1/1/1995 – 11/5/2007)

2:00-2:20 General Stretch

2:20-2:30 Warm Up

2:30-5:15 Competition

Individual and Team Awards to follow.

Session Four B4

USA Gym Level 5 and USA Xcel

5:15-5:35 General Stretch

5:35-5:45 Warm Up

5:45-7:45 Competition

Individual and Team Awards to follow.

Sunday, October 21, 2018

Gym B (Modified Capitol Cup)

Session Five B5

USA Gym Level 3 (12/31/2009-1/1/2016)

8:00-8:20 General Stretch

8:20-8:30 Warm Ups

8:30-11:00 Competition

Individual Awards to follow

Session Six B6

USA Level 3 (11/5/2008-12/30/2009)

11:00-11:20 General Stretch

11:20-11:30 Warm Ups

11:30-2:00 Competition

Individual Awards to follow.

Session Seven B7

USA Level 3 (1/1/1995-11/4/2008)

2:00-2:20 General Stretch

2:20-2:30 Warm Ups

2:30-5:00 Competition

Individual Awards and Team Awards to follow.

Daily Door Fees (cash only)

Adults \$15.00

Children (5-17) \$10.00